

a SAINT FRANCIS Care Provider

Adaptive Cycling Clinic

Thursday, August 14th, 2014 4:30 p.m.— 7:30 p.m.

836 Hopmeadow Street (Route 10)Simsbury, CT 06070 Near the Andy's Shoppes, and Across the street from the Performing Arts Center at 22 Iron Horse Blvd.

Ever thought about trying cycling as a sport or for recreational enjoyment????

Join us for an Adaptive Cycling Clinic. Many hand cycles, recumbent cycles and more to try on the trails. Helmets available for those who do not bring their own.

RSVP by Monday, August 11th

to Paige McCullough-Casciano @ (860)714-2421 or pmccullo@stfranciscare.org

This program will be facilitated by Ken Messier of Ti-Trikes, Paige McCullough-Casciano, CTRS, Nicole Morales, OTR and Christopher Miller, DPT of Mount Sinai Rehabilitation Hospital.